

## Defense/Carry Only Pistol

If you only have 50 or 100 rounds to practice with, they should be spent relatively close. With the growing popularity of the MRDS system, there is a strong desire to shoot handguns at distance, using active shooter situations as the justification for this. DON'T DO IT! Don't spend a sizable amount of your limited training ammo doing so. Look, red dots are easy to use at distance...more difficult quick and up close which is MORE reason to practice with them at 5 yards versus 25. Let's be honest, finding that dot in that small window is the number one problem. Remember to find that front sight and the dot will be right there! If you are going to use one then practice with it realistically, not just what makes you look and feel good...

The most likely scenario for armed self-defense by a private citizen is about business stickups, parking lot robberies at gunpoint, carjackings and home invasions — all crimes likely to get you killed. The reason the bad guy uses a weapon is to create standoff and to terrorize the victim into compliance, before closing in to take the wallet, purse, car keys, etc.

“The thug” will, however, need to be close enough to his victim to communicate his desires and to easily close the distance and take the goods when the time comes. Thus, the typical armed robbery occurs at anywhere from two or three steps, to roughly the length of a car — between the robber and his victim. That is, then, about three to seven yards typically, or say nine to 21' or so. This is the distance at which most have had to fire their weapon.

It is suggested you DO NOT spend valuable ammo practicing the essentials like drawing, reloading, clearing stoppages, rapid movement and the like.

Ammo is not going to get easier to acquire and I doubt it will ever return to the prices we all remember and want. Practice wisely as practice is preparation for the most dangerous few moments of what we hope is the rest of your life!

***Distance: 5/6/7 yards based on day.***

***Target: 8.5/11 or your choice***

***Rounds: 10 Maximin***

***Time: 1 minute (work on reducing time)***

***Group size: 3 inch or less***

***Scenario:***

***Use a solid grip, controlled index finger and recoil control. Regarding grip, focus on not “pulsating” the lower fingers, the flexing of the lower fingers that moves the muzzle. Considering the four fingers will try to work as a team. While grip strength is important, what is even more so is CONSISTENT GRIP PRESSURE which cannot not change if you wish to shoot accurately.***

***Work on resetting the trigger while recovering from recoil, not once you settle on target. It is called “reset on recovery”. Not only will it help you be better prepared to shoot when facing a real threat, it will help you minimize your index finger motion.***

***You do not move to the next day unless you pass the previous day. Be sure to record your group size and time per each 5 shots.***

***Day 1: 5 yards/5 shots/reload/5 shots/measure grouping and record total time (of each 5 shot round).***

***Day 2: 6 yards/5 shots/reload/5 shots/measure grouping and record total time (of each 5 shot round).***

***Day 3: 7yards/5 shots/reload/5 shots/measure grouping and record total time (of each 5 shot round).***

***Repeat process – must try to improve time and hopefully grouping size.***